

**LAS CRUCES PUBLIC SCHOOLS ATHLETIC PHYSICALS:  
NEED TO KNOW INFORMATION FOR 2019-2020 SCHOOL YEAR**

1. Physicals must be dated **after April 1, 2019** to be current for the 2019-2020 school year.
2. An athlete only needs to submit 1 physical per school year which can be used for all sports
- 3. Athletes must have completed physicals submitted to participate in the season practices, off season training and summer activities.**
4. We will be utilizing **Rank One Sport** to fill out and collect physicals for the upcoming school year:
  - **Please fill out Online Forms at [www.rankonesport.com](http://www.rankonesport.com)**
    - Click on Fill Out Electronic Forms in the top right-hand corner
    - Select NM
    - Click on Las Cruces Public Schools
    - Click on Electronic Participation Forms
    - Student ID# is required for all forms
    - Creating a parent account is recommended to track the status of forms and be able to print copies of physicals for other reasons
  - Items needed to be uploaded to Rank One Sport
    1. Physical & Medical History
    2. Concussion Certificate
    3. Proof of Insurance
    4. Consent to treatPlease upload to the correct locations
  - Concussion certificate will be uploaded to the student-athlete's portal upon completion of the concussion course website: **[nfhslearn.com](http://nfhslearn.com)**
    - Register with [nfhslearn.com](http://nfhslearn.com)
    - Purchase the free course
    - Add to online shopping cart
    - Check out
    - Complete course
    - Upload certificate of completion to Rank One Sport
  - Must be completed every year after April 1 for the following school year
  - Submitted online forms will need to be approved by the school's athletics trainer before they are "cleared" for participation
  - Keep copies of all documentation submitted

We would like to thank you for submitting your paperwork online. If you have any questions regarding this new system. Please contact the following people:

**The Athletic Trainer or Athletic Coordinator at your school**