

ADDENDUM

Food Sale Rule Grid

This Rule applies to food or beverages sold at school other than served as part of the United State Department of Agriculture school meals program. This includes any item sold in vending machines, a la carte, or through other school fundraising efforts during the normal school hours and outside the normal school hours.

Vended Beverages and Foods are defined as any beverage or food product sold in vending machines to students in schools.

“Fundraising During Normal School Hours” is defined as any food or beverage sold on school premises during the time period from midnight until 30 minutes after the end-of-day school bell.

The “Fundraising Outside of Normal School Hours” rule refers to foods or beverages sold on school or district premises, and as fundraisers in the name of the school or district including enchilada suppers, door to door sales, etc. not during normal school hours. It includes all sales commencing 30 minutes following the end-of-day bell until midnight and all day on weekends. Fifty percent (50%) of the offerings or choices of foods and beverages sold outside of normal school hours must meet the Smart Snacks guidelines outlined in this grid for allowable foods and beverages during school hours.

Beverages in Vending Machines or Sold During Normal School Hours

Elementary	Middle	High
<p>Allowed after the last lunch period:</p> <p><u>Maximum 8 oz portion</u></p> <p>Water (with or without carbonation) *</p> <p>Unflavored low fat milk</p> <p>Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP</p> <p>100% fruit or vegetable juice</p> <p>100% fruit or vegetable juice diluted with water (with or without carbonation) and no added sweeteners</p>	<p>Allowed any time except lunch period:</p> <p><u>Maximum 12 oz portion</u></p> <p>Water (with or without carbonation) *</p> <p>Unflavored low fat milk</p> <p>Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP</p> <p>100% fruit or vegetable juice</p> <p>100% fruit or vegetable juice diluted with water (with or without carbonation) and no added sweeteners</p>	<p>Allowed any time except lunch period:</p> <p><u>Maximum 12 oz portion</u></p> <p>Water (with or without carbonation) *</p> <p>Unflavored low fat milk</p> <p>Unflavored or flavored fat free milk and milk alternatives permitted by NSLP/SBP</p> <p>100% fruit or vegetable juice</p> <p>100% fruit or vegetable juice diluted with water (with or without carbonation) and no added sweeteners</p> <p><u>Allowed after the end of the last lunch period:</u></p> <p>No more than 12 oz portion of: Beverages with < 40 calories/ 8 oz or , 60 calories/ 12 oz</p> <p>No more than 20 oz portion of: calorie-free, flavored water (with or without carbonation) Other flavored or unflavored beverages that contain , 5 calories/ 8 oz or , 10 calories/ 12 oz</p>

Note: * The portion size does not apply to plain water

Foods Vended or Sold on School Premises during Normal School Hours (midnight before to 30 minutes after the end of day bell) as per USDA’s Smart Snacks rule.

Elementary	Middle	High
<p><u>None</u></p>	<p>Allowed after the last lunch period:</p> <p><u>Any food must:</u></p> <p>Be a “whole grain-rich” grain product, or</p> <p>Have as the 1st ingredient a fruit, vegetable, a dairy product, or a protein food or</p> <p>Be a combination food that contains at least ¼ cup of fruit and/or vegetable or</p> <p><u>AND</u></p> <p>Meet these nutrient requirements:</p> <p>Calories: Snack < 200 Entrée < 350</p> <p>Sodium: Snack < 200 mg Entrée < 480</p> <p>Fat: Total < 35% of calories Saturated < 10% of calories Trans 0 gm</p> <p>Sugar: <35% of total weight from sugar</p>	<p>Allowed except during lunch period:</p> <p><u>Any food must:</u></p> <p>Be a “whole grain-rich” grain product, or</p> <p>Have as the 1st ingredient a fruit, vegetable, a dairy product, or a protein food or</p> <p>Be a combination food that contains at least ¼ cup of fruit and/or vegetable or</p> <p><u>AND</u></p> <p>Meet these nutrient requirements:</p> <p>Calories: Snack < 200 Entrée < 350</p> <p>Sodium: Snack < 200 mg Entrée < 480</p> <p>Fat: Total < 35% of calories Saturated < 10% of calories Trans 0 gm</p> <p>Sugar: <35% of total weight from sugar</p>

A La Carte (beverages or food products sold in schools to students during the lunch period by the Nutrition Services Department that is not part of the United States Department of Agriculture school meals programs)

Food products sold in the schools during the lunch period as a la carte must meet the following guidelines:

- All beverages and foods listed in the grid and
- Entrée’s from the reimbursable meals can be sold the day they are served and the following day.