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# The Walnut Post

Photo taken by Evangeline Trevino



Photo from: [https://www.yelp.com/biz\\_photos/young-park-las-cruces?select=AiNWaXmuJXCcftN4og9idA](https://www.yelp.com/biz_photos/young-park-las-cruces?select=AiNWaXmuJXCcftN4og9idA)

## Young Park's Empty Pond

*By Evangeline Trevino*

Some of you may be aware that the beautiful pond at Young's Park has been drained. I am sure most of you have some questions about why this happened. We all love to go visit Young's Park and to see the beautiful things there. We are all familiar with the ducks at Young's Park, but did you know that the ducks are not even supposed to be there? Well, it's

true. The story goes that people on Easter always used to set their ducks free and they would just make that their home. Even though they are not supposed to be there, it is a really nice sight to see. The pond is now closed shortly for cleaning and repairs. Fish in the pond were found floating, so hopefully, if they fix the pond, this will not happen anymore, unless of course you are fishing. The Las Cruces

Parks and Recreation Department are planning to install a new aeration system. Also, Game and Fish is planning on refilling the pond with fish. All are welcome to fish now, said Rudy Trevino; Manager of LC Parks and Recreation. Hopefully we will soon have our beautiful pond back at Young's Park.

## Lynn Middle School Perception

*By Hilary Nguyen*

"Oh, you're from Lynn? Isn't that school ghetto?"

This is an ongoing comment many students who go to Lynn Middle School hear commonly. This comment is extremely inaccurate, and just a perception. Why? Well because adults, and students who don't even live near this neighborhood assume just because of the housing area, Lynn middle school is bad. That's simply not the case. Lynn is really an amazing school. Believe it or not, Lynn is safe. Moreover, many adults and other students don't understand what Lynn student community is like. Just because of the bad media concerning criminal actions and drug use around Lynn, people think that Lynn middle school is a bad place. The assumptions that only bad teen adolescent around the area attend Lynn middle school really isn't the case whatsoever! Some Lynn students actually go to Lynn but don't even live near Lynn at all. Mainly, most of these Lynn students attend Lynn for the amazing magnet programs. Lynn students feel safe in the area and on campus as well. The wonderful staff at Lynn middle school makes sure that Lynn middle school students feel safe and secure during the school day. It is important that all people in the neighborhood take responsibility to give Lynn and our community a good name and image.



## Lynn Provides Snacks to Students

By Andres Uribe

Lynn has opened what staff and students call “the snack room” for Lynn students. The room is what its’ name describes, it provides healthy snacks for students and staff. The school was gifted food by Roadrunner Food Bank, and shelves of nonperishable snacks in bins for the students. The large refrigerator which stores snacks such as apple slices in it, was given to Lynn by the Roadrunner Food Bank back in 2018. Students are still required to have a pass from teachers to be allowed to get snacks. Lynn continues to provide for the community, by supporting our youth in the neighborhood who attend Lynn, as they already do by giving the students free lunches. Staff have regulated it to only allow students to go during certain times of the school day. We are always looking for community members to help out in this area. If interested you will need a background check, so please contact Sylvia Chavez at 575.527.9445.

## Stock Recovery

By Bradley Wang

Ever since the stock crash in late 2018, specifically the major dip during December 28th 2018; when the majority of stock was at its lowest, the market has recovered by an average of 18.23%. This is a major boon for whoever took the opportunity to invest, practically earning double the yearly average made by stock investors. Though the opportunity hasn't yet passed, now is still



a good time to put money into stocks. A few months from now would a good time to sell. General Electric, a low value stock, is currently booming and increased in value at a ludicrous speed of about 25%. Since the major crash its risen its current value to 10.13 USD. EA (electronic arts) is also on the rise of about 35% since the major decline. Currently many options are still open and provide great opportunity. Some hot stocks are: KFC, McDonalds, Amazon, and you can't go wrong with Apple!

## Interview - STEMMY Award Winner: Mr.Gallegos

By Eviana Jimmy

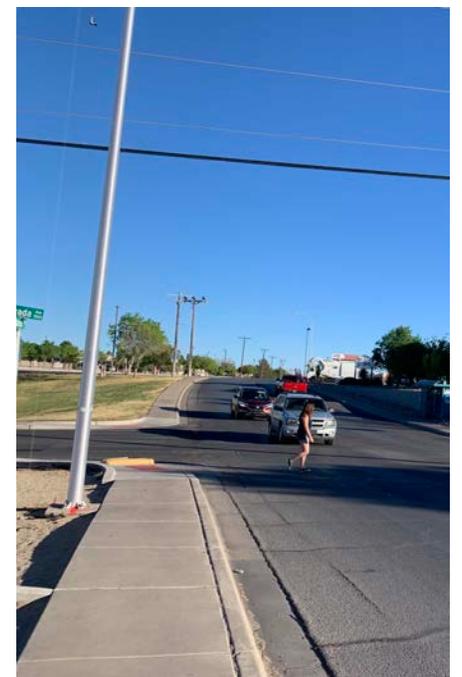
Recently, I interviewed Mr.Gallegos about the STEMMY award that he recently won. Here are the questions that I asked along with his responses:  
Question 1- What is this award all about?  
"This award is about outstanding work in STEM education in the state of New Mexico."  
Question 2- What did you do to receive this award?"Just the fact that I teach engineering and that it's in the STEM curriculum."

## Traffic on Walnut

by Maria Perez

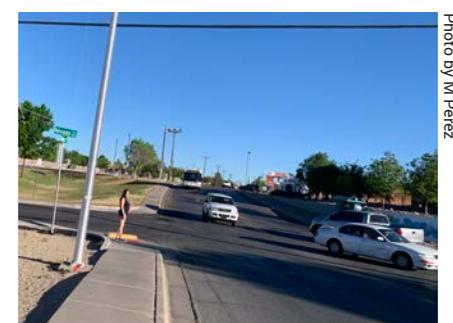
As the weather warms up, we start seeing more and more foot traffic down Walnut street. This foot traffic includes students and community members. Many students are just trying to get to school or to their pick up spots. Many community members are out attempting to get to the park. Add to that the food truck parked by PicQuick, which garners alot of foot business. However, as the foot traffic increases so does the motor traffic! This causes

some fairly dangerous situations. Many of our motorists are not always paying attention to the foot traffic in these areas. Students at Lynn have been listening to Bike and Walking Safety Tips from Officer Bowman, Lynn's SRO, throughout the year. They are reminded to use crosswalks, be alert, look both ways, walk instead of ride across streets, and not wear headphones or ear buds while walking across streets. These are great tips for all community members.



Nevada and Walnut intersection, Photo by M Perez

This, along with extra crosswalk attendants during school hours, has helped minimize potential accidents. However, it is still very important for our community to pay attention to posted speed limit signs as well as other traffic signs. If all members of the community follow posted signs, then most accidents can be averted in this high traffic area.



Vehicle and foot traffic at Nevada and Walnut  
Photo by M Perez

## Lynn Middle School's Dental Clinic

By Hilary Nguyen

Recently a grant was awarded to Lynn Middle School from Dona Ana Community College and Delta Dental, where every Wednesday a dental clinic opens here at Lynn. This dental clinic is only open to students currently attending Lynn. The dental clinic provides cleaning of the teeth, sealants, fluoride, and amazing counselling on dental health. According to Mrs Chavez, C. S. Coordinator, the process includes Lynn students getting pulled out of their elective classes for services, and then after their clean up, they go right back to class. "This is an awesome opportunity for parents! Parents will no longer need to take time off of work in order to get basic dental services for their child. It will also eliminate student attendance issues, since they will be in school for the whole day", said Mrs. Perez, a teacher and parent from Lynn. Families that are interested in these services can contact our Community School Coordinator on site.



LMS Dental Services office, photo credit: S Chavez

**Dental Services**

If you would like your child to receive preventative dental services at Lynn, such as:

- Oral Health Screenings; Dental Cleanings
- Fluoride Treatment; Dental Sealants;
- Nutritional Counseling related to oral health; Oral Hygiene Instruction

Please fill out the attached interest form and return to your child's first period teacher

**Servicios dentales**

Si desea que su hijo reciba servicios preventivos dentales como:

- exámenes, limpiezas, tratamiento de fluor, selladores dentales, instrucciones higiene bucal

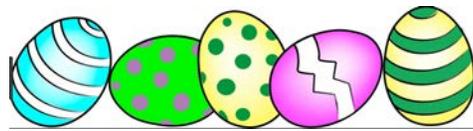
Por favor completa la forma de interés y devuélvalo al maestro del primer periodo de su hijo

# Community Events for April

By Evangeline Trevino and M. Perez

Have you ever been bored at home and needed something to do? Well, here are some events that are going to be happening at Young Park soon. Take a moment to check these events out with your family or on your own:

**On April 20th** there will be a Springfest Easter egg hunt and games for the kiddos. This will be held at Young Park, is FREE, and is open to all the community!



**On April 20th** you can also attend the FREE Southern New Mexico Earth Day from 8:00-12:00 at the Las Cruces Plaza.



**On April 27th** there will also be the March of Dimes/March for Babies.



**Saturday, April 27th**  
9am to noon\* at Lynn Middle School  
Free and open to all students in the Las Cruces Public School District

**On April 27th**, International Day of Dance

Rio Grande Theatre, 211 N. Main St.  
5-8pm. Free. 575-541-2290.

Concessions served including snacks, refreshments, beer, wine and spirits.



**On May 11th** there will be the Three Crosses Calvary Baptist Church outreach event.

These will all be great events. However, even if you don't attend these please visit our park any time and have fun. Also, do not forget to always take care of our beautiful Young Park.

## The Arts in Middle School

By Amberly Hendricks

Fine art studies are important to middle schoolers. They expand kids imagination and helps them to maintain their grades in school. This inspires kids to do more in life. It also gives students an outlet for their creativity. It allows students to do hands on stuff instead of just paperwork. Several studies have linked fine arts education to improved literacy skills. Although the studies don't show a higher performance on standardized tests, they do say that critical thinking skills are better in kids that study art. So art is important at Lynn so that it can give students a get-away for a little bit from the regular school learning.

The 2006 Solomon R. Guggenheim Museum study on art education showed a link between arts education and improved literacy skills.



Neon Dream by Jeron, 8th Grade \$10

# Spring Is Here!

## Spice It Up Kale Salad

From: *Edible Education Cookbook, Recipes from the Classroom*

### Ingredients Dressing:

4 teaspoon Olive Oil,  
1 teaspoon Honey,  
4 teaspoon Lime Juice,  
1/2 teaspoon cumin,  
2 teaspoon jalapeno (chopped),  
1/2 teaspoon coriander,  
pinch of salt.

### Ingredients Salad:

1 pound Kale (torn),  
1 can of black beans (drained and washed),  
1/2 cup dried cranberries,  
1 cup of Cilantro (chopped),  
1/2 cup pumpkin seeds.

Tear the kale leaves off the stems and place in a large bowl. Make sure the leaves are torn into small, bite sized pieces. Sprinkle a pinch if salt over the kale and transfer it to the three large ziplock bags. Pour the salad dressing into each of the bags of kale (you might not need the dressing), squeeze the outside of the bag in order to massage the kale until the leaves are darker in color and the dressing has coated the leaves.

In a large bowl, combine all of the salad ingredients including the massaged kale, add the rest of the dressing. Enjoy!

Photo by Evangeline Trevino



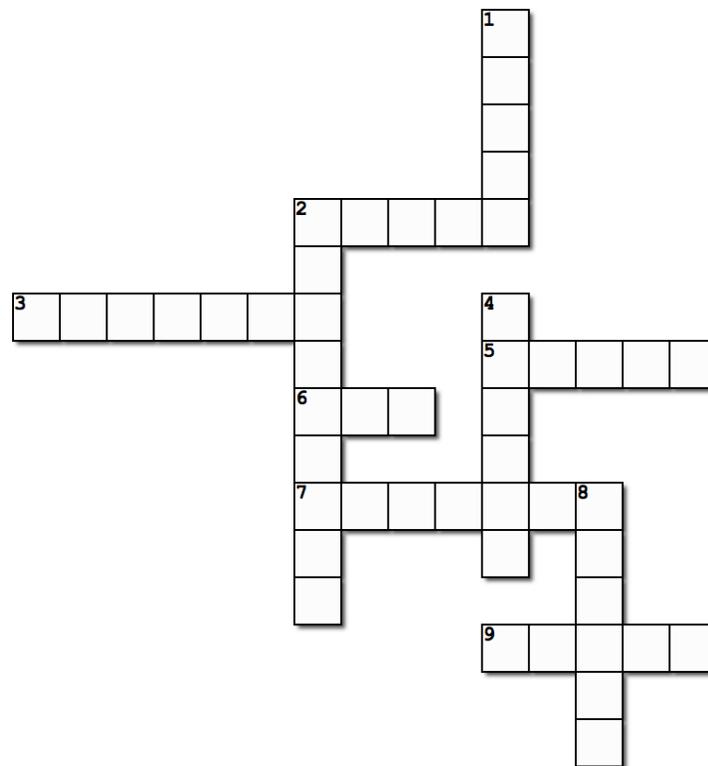
Kale is abundantly grown in the Lynn garden beds and is used for many other recipes during our FACS lessons in collaboration with La Semilla. Mrs. Cobos and Ms. Glenn along with students, also grow carrots, lettuce, peas, radishes, broccoli, and other delicious greens. Hopes are for it to become a community garden in the near future.

A L I Q P O S G G E C T G S S  
C L S T O R R A C S A K K K P  
E J S E I L F R E T T U B C R  
L K T C H I R P E G P D N I I  
E X J H A Y D N A C R K H H N  
B F G O S R D P E E P S Y C G  
R L O C L N I R A R C E U C I  
A P W O L L A M H S R A M H L  
T M V L B H T E R Y G S H S W  
I Z C A I A Z B B F J Y N F X  
O H Z T A T S H F Y D T Q Z A  
N I Y E W B S K X U L A S W I  
Q Y Y M E A J W E V X L Y F X  
Z G W B S B Z K Q T Z R E W P  
Q A P R I L T H T F S S M J F

CHICKS  
PEEPS  
JELLYBEANS  
BUTTERFLIES  
APRIL  
SPRING  
EGGS  
BASKETS  
CARROTS  
CELEBRATION  
CHIRP  
CHOCOLATE  
CANDY  
MARSHMALLOW

## April Easter Crossword

Complete the crossword below



### Across

- Parents sometimes buy their children a fur \_\_\_\_\_ for Easter.
- We all get together to have a \_\_\_\_\_ outside.
- Fourth month of the year.
- We all have an Easter \_\_\_\_\_ hunt.
- Grow during the Spring.
- A young bird, or newly hatched.

### Down

- \_\_\_\_\_ beans are very chewy.
- An insect with two pairs of large colorful wings.
- What you use to carry Easter Eggs in.
- Easter is in the \_\_\_\_\_ time of the year.